



Cottonwood County Substance Use and Consequences, 2011

MN STATE EPIDEMIOLOGICAL OUTCOMES WORKGROUP

KEY FINDINGS

- Cottonwood County's average cost per capita of alcohol-related motor vehicle crashes, fatalities and injuries is half that of the regional average.
- From 1998 to 2007, youth smoking rates fell by 39% in Cottonwood County.
- Reported past-month use of marijuana fell from 11% in 2001 to 6% in 2010 among Cottonwood students.

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Alcohol Consumption

The rate of reported past-month alcohol use by youth in Cottonwood County increased from 26% in 1998 to 28% in 2001, then fell to 19% in 2010. Comparatively, the rate for Minnesota's Southwest Alcohol, Tobacco and Other Drug Prevention Region fell from 33% to 21%, and the states from 31% to 20%.

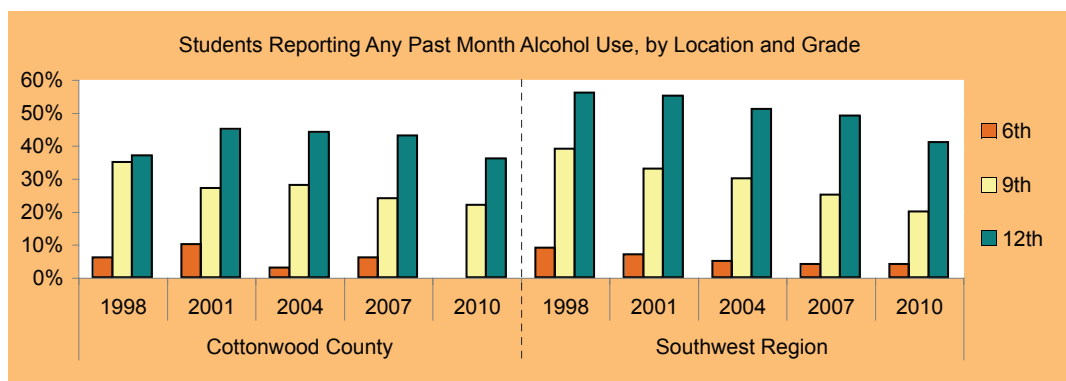
Reported use varied by grade (*see graph below*). In

2010, Cottonwood male students were more likely than females to report past month use: 23% vs. 15%.

The percent of Cottonwood County students reporting binge drinking in the past two weeks—having five or more drinks in a row on one occasion—fell from 24% in 1998 to 15% in 2010. In comparison, the Southwest rate fell from 28% to 17% and

the state rate fell from 26% to 16%. In 2010, 8% of Cottonwood County 9th graders reported binge drinking, as did 22% of 12th graders. Binge drinking was reported by more male students than female students: 19% vs. 11% (MSS).

Statistics on adult alcohol consumption are not available at the county level.



Alcohol Consequences

From 2005 to 2009, the average cost per capita of alcohol-related motor vehicle crashes, fatalities and injuries was \$35 in Cottonwood County, \$70 in the Southwest Region and \$54 in Minnesota (OTS).

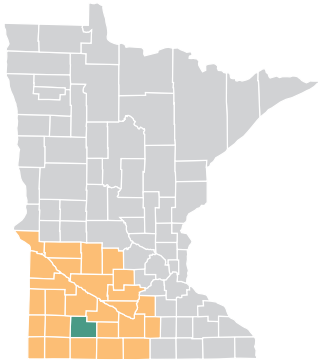
Over that same period, the driving while intoxicated

(DWI) arrest rate with Cottonwood as the county of residence averaged 58 per 10,000 population. With Cottonwood as the county of arrest, the average rate was 55 (OTS).

The percent of all motor vehicle crashes that were alcohol-related averaged 6% in Cot-

tonwood County and in the Southwest Region compared to 5% in Minnesota (OTS).

The annual cirrhosis death rate per 100,000 population averaged 9 in Cottonwood County, 7 in the Southwest Region, and 6 in the state from 2004 to 2008 (MCHS).



Statistics on adult substance use are available by region for 2004/2005:

- Past-month alcohol use was lower than the state average for Southwest women, 50% vs. 53%, but equal for men: 67%.

- In the Southwest, past month smoking was reported by 41% of 18-20 year-olds, 41% of 21-24 year-olds, 26% of 25-44 year-olds, 19% of 45-64 year-olds, and 8% of persons aged 65+.

- Southwest adults were less likely than the state average to report past month use of marijuana, 2% vs. 4%. They were as likely as the state average to report past year use of crack/cocaine, 1%, but less likely to report past-year use abuse of prescription pain relievers: 1% vs. 2%. Less than one percent of Southwest adults reported past-year methamphetamine use.

Minnesota Survey of Adult Substance Use

Tobacco Consumption

Smoking among youth declined statewide from 1998 to 2010: down from 18% to 11% in Cottonwood County, 20% to 12% in the Southwest Region, and 19% to 10% in Minnesota.

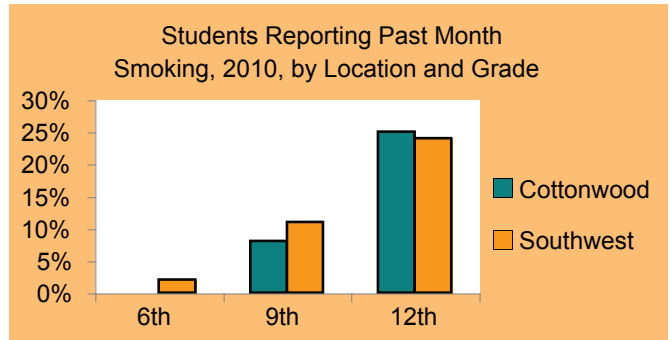
In 2010, Cottonwood County rates varied by grade (see graph). Past month smoking was reported by 13% of Cottonwood male students and 9% of females in 2010.

From 2004 to 2010, reported past-month chewing tobacco

use increased among Cottonwood County males: 5% to 8%. Cottonwood County youth were as likely as the state average to report first smoking

by age 13 or younger: 12% (MSS).

Statistics on adult smoking are not available at the county level.



Tobacco Consequences

The average annual rate per 100,000 population of lung, bronchus and trachea cancer deaths in Cottonwood County was 46 from 2004 to 2008. Comparatively, the Southwest rate averaged 51 and the state

rate averaged 45 (MCHS).

The number of Cottonwood County lung and bronchus cancer deaths averaged 3 among males and 2 among females from 2004 to 2008 (MCSS).

It is estimated that 90% of lung cancer deaths among males and 79% of lung cancer deaths among females in the United States are smoking-related.

Risk and Protective Factors

In 2010, students reporting past 30 day use of alcohol and tobacco were asked how they obtained those substances. Cottonwood County students most often reported social access to alcohol (90%) and tobacco (65%). Cottonwood County students were less likely (22%) than the Southwest (23%) and all Minnesota students (26%) to report taking alcohol from someone or somewhere. They were more likely to report buy-

ing (Cottonwood: 62%, SW: 56%, MN: 53%) tobacco, but less likely to report taking (8%, 14%, 17%) tobacco.

Students were also asked how much they thought people risked harming themselves by frequently binge drinking, smoking one or more packs of cigarettes per day, or smoking marijuana once or twice per week. Perception of great or moderate risk of alcohol harm was reported by 73% of Cotton-

wood students, perception of tobacco harm was reported by 87% of Cottonwood students, and perception of marijuana harm was reported by 78% of Cottonwood students. Similarly, students were asked if they thought their parents or guardians would disapprove or greatly disapprove of such levels of substance use. Perception of disapproval was 89% for alcohol, 96% for tobacco and 97% for marijuana (MSS).

Other Drug Consumption

Cottonwood County students are more likely to report use of marijuana than any other illicit drug (*see graph below*). In 2010, marijuana use was reported by 0% of Cottonwood County 6th graders, 5% of 9th graders and 12% of 12th graders. Male students were more likely than female students to report use: 9% vs. 3%.

From 2004 to 2010, reported past-year use of methamphetamines fell from 2% to 1% among Cottonwood 9th graders, and increased from 1% to 2% among 12th graders. In

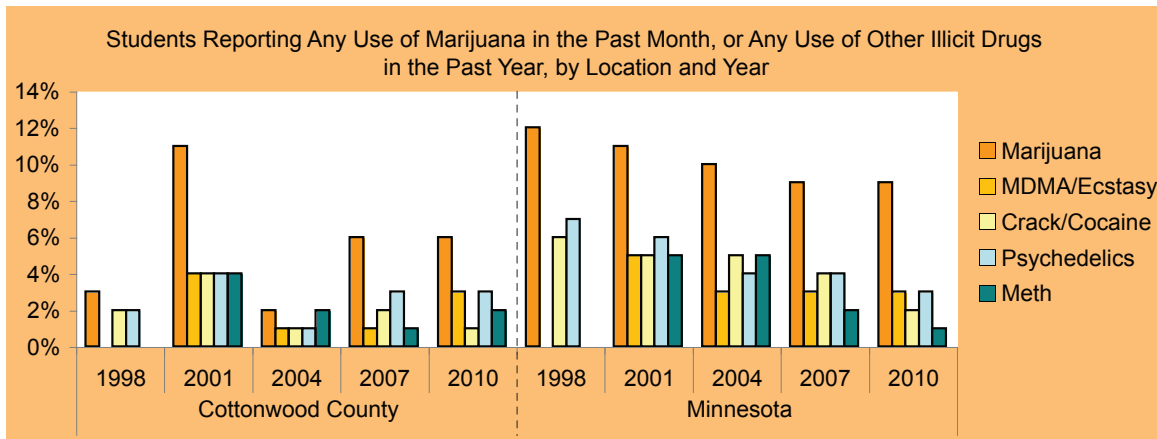
2010, past-year use of inhalants was reported by 1% of 6th graders, 2% of 9th graders and 2% of 12th graders.

From 2004 to 2010, reported past-year use of psychedelics rose among Cottonwood male students, 2% to 4%, but held steady among female students at 1%. Reported use of crack/cocaine rose from 1% to 2% among males and decreased from 1% to 0% among females.

In 2010, 0% of Cottonwood 6th graders reported past-year abuse of prescription

drugs compared to one percent in the Southwest Region and in the state. Cottonwood County 9th and 12th graders were asked about abuse of specific types of prescription drugs in 2010: painkillers (reported by 2% of 9th and 7% of 12th graders), ADD/ADHD drugs (2% of 9th graders; 7% of 12th graders), tranquilizers/sedatives (1% of 9th graders; 3% of 12th graders), and stimulants/diet pills: 2% of 9th graders; 7% of 12th graders (MSS). Statistics on adult drug use are not available at the county level.

The US Census Bureau estimate for the 2008 Cottonwood County population is 11,283. Cottonwood County is approximately 95% White, 5% Hispanic, 3% Asian/Pacific Islander and 1% African-American. In 2000, the percent of individuals living below the poverty level was 12% in Cottonwood County compared to 9% in the Southwest Region and 8% in the state.



Other Drug Consequences

There were 14 Cottonwood County narcotics arrests in 2009—8 of which involved marijuana. Similarly, the average annual number of narcotics arrests for Cottonwood County from 2005 to 2009 was 15 (BCA). For probation and prison data related to drug offenses, see table below (DOC).

DRUG OFFENSES	COTTONWOOD COUNTY			SOUTHWEST REGION			MINNESOTA		
Rates per 1,000 Population	2007	2008	2009	2007	2008	2009	2007	2008	2009
Adults on Probation	2.8	2.9	2.4	2.6	4.2	3.1	3.4	3.6	3.5
Juveniles on Probation	0.0	0.0	0.4	0.3	0.2	0.6	0.4	0.5	0.5
Adults in Prison	0.6	0.7	0.4	0.5	0.6	0.4	0.4	0.5	0.3

MN STATE EPIDEMIOLOGICAL OUTCOMES WORKGROUP

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What's Happening in Your County?



Substance Use in Minnesota, located at www.sumn.org, puts data on alcohol, tobacco and other drug use and consequences at your fingertips. The Web site was designed to help communities make decisions about substance abuse prevention efforts based on 55 indicators.

This site was developed by the Minnesota State Epidemiological Outcomes Workgroup (SEOW) with funding from the Minnesota Department of Human Services, Alcohol and Drug Abuse Division (ADAD). SEOW membership includes: Minnesota's departments of Human Services, Health, Education, Public Safety and Corrections and the Minnesota Institute of Public Health, which maintains the Web site.

Data Sources

Population statistics are from the U.S. Census Bureau.

Youth alcohol, tobacco and other drug consumption data are from the Minnesota Student Survey (MSS). The MSS is a confidential and anonymous self-administered survey given every three years to 6th, 9th and 12th grade students attending Minnesota public, charter and tribal schools. The Minnesota Student Survey Interagency Team is made up of four state agencies: the Minnesota Department of Education, the Minnesota Department of Health, the Minnesota Department of Human Services, and the Minnesota Department of Public Safety. Adult consumption data are

from the MN Survey of Adult Substance Use (MNSASU) from the Minnesota Department of Human Services, Performance Measurement and Quality Improvement. Binge drinking is defined as 5 or more drinks in a row on one occasion in the MSS, and 5 or more drinks for males or 4 or more drinks for females in the MNSASU.

Alcohol consequence data are from the Office of Traffic Safety's (OTS) *Impaired Driving Facts and Crash Facts*, and from the National Safety Council.

Alcohol and tobacco mortality data are from the Minnesota Center for Health Statistics (MCHS) and the Minnesota Cancer Surveillance

System (MCSS).

Drug consequence data are from the Minnesota Department of Corrections' (DOC) *Inmate Profile and Probation Survey*, and from the Bureau of Criminal Apprehension's (BCA) *Minnesota Crime Information* reports.

Detailed data source information can be found at www.sumn.org. Data source fact sheets can be found under Tools. Links to each data source, when available, can be found under each table when using Data by Location or Data by Topic.

Aggregated data at the state and county level do not reveal disparities that may exist within a given geographic area.