



Mower County Substance Use and Consequences, 2011

MN STATE EPIDEMIOLOGICAL OUTCOMES WORKGROUP

KEY FINDINGS

- Among Mower County students, reported past-month alcohol use fell by almost half from 1998 to 2010.
- Mower's average annual lung, bronchus and trachea cancer death rate is higher than both the regional and state averages.
- Reported past-year methamphetamine use fell among Mower youth from 9% in 2001 to 1% in 2010.

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Alcohol Consumption

The rate of reported past-month alcohol consumption by youth in Mower County dropped from 41% in 1998 to 22% in 2010. Comparatively, the rate for Minnesota's Southeast Alcohol, Tobacco and Other Drug Prevention Region dipped from 32% to 19%, and the state's from 31% to 20%.

Within Mower County, reported use varied by grade and

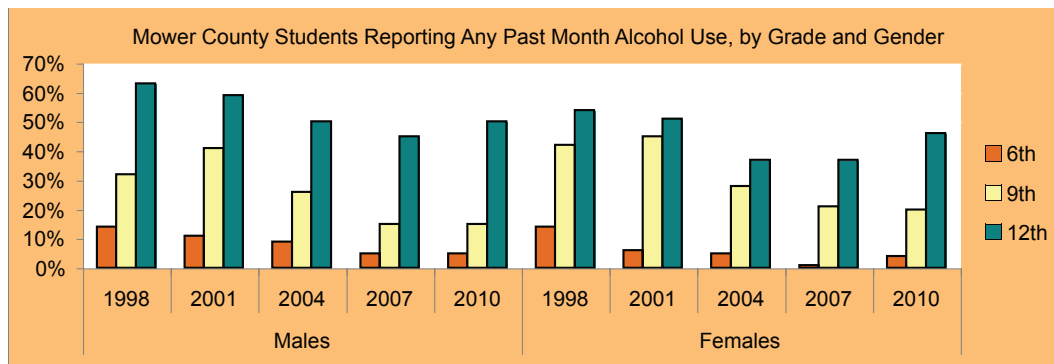
by gender (*see graph below*).

The percent of Mower County students reporting binge drinking in the past two weeks—having five or more drinks in a row on one occasion—increased from 28% in 1998 to 31% in 2001, then fell to 19% in 2010. Comparatively, the Southeast rate fell steadily from 27% to 16% and the state rate fell steadily from

26% to 16%.

In 2010, binge drinking was reported by 9% of 9th grade males, 34% of 12th grade males, and 23% of 12th grade females in Mower County.

Statistics on adult alcohol consumption are not available at the county level.



Alcohol Consequences

From 2005 to 2009, the average cost per capita of alcohol-related motor vehicle crashes, fatalities and injuries was \$24 in Mower County, \$53 in the Southeast Region and \$54 in Minnesota (OTS).

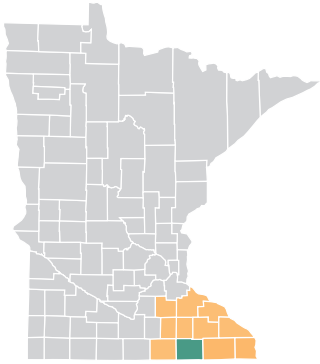
Over that same period, the driving while intoxicated

(DWI) arrest rate with Mower as the county of residence averaged 84.0 per 10,000 population. With Mower as the county of arrest, the average rate was 88.0 (OTS).

The percent of all motor vehicle crashes that were alcohol-related averaged 6%

in Mower County and 5% in both the Southeast Region and Minnesota (OTS).

The annual cirrhosis death rate per 100,000 population averaged 5 in both Mower County and the Southeast Region from 2004 to 2008, compared to 6 in the state (MCHS).



Statistics on adult substance use are available by region for 2004/2005:

- Past-month alcohol use was lower among both men, 67% vs. 65%, and women, 50% vs. 53%, in the Southeast Region as compared to the state average.

- In the Southeast, past month smoking was reported by 36% of 18-20 year-olds, 57% of 21-24 year-olds, 27% of 25-44 year-olds, 18% of 45-64 year-olds, and 5% of persons aged 65+.

- Southeast adults were less likely than the state average to report past month use of marijuana, 3% vs. 4%. They were as likely to report past year use of crack/cocaine, 1%, and abuse of prescription pain relievers, 2%. Less than half of one percent of Southeast adults reported past-year use of methamphetamines.

Minnesota Survey of Adult Substance Use

Tobacco Consumption

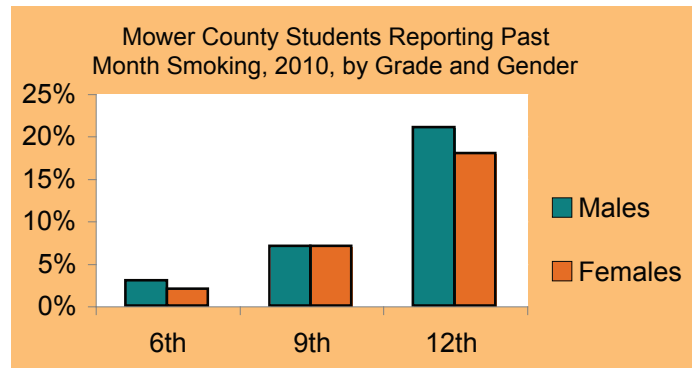
Smoking among youth declined statewide from 1998 to 2010: down from 27% to 9% in Mower County, 19% to 10% in the Southeast Region, and 19% to 10% in Minnesota. In 2010, Mower rates varied by grade and by gender (*see graph*).

From 2004 to 2010, reported past-month chewing tobacco use in Mower County increased for 12th grade males, 12% to 26%, and slightly for 9th grade males from 4% to 5%.

Mower County youth were slightly more likely than the state average to report first smoking by age 13 or younger:

14% vs. 12% (MSS).

Statistics on adult smoking are not available at the county level.



Tobacco Consequences

The average annual rate per 100,000 population of lung, bronchus and trachea cancer deaths in Mower County was 62 from 2004 to 2008. Comparatively, the Southeast Region averaged 47 and the

state averaged 45 per 100,000 (MCHS).

The number of Mower County lung and bronchus cancer deaths averaged 12 among males and 11 among females from 2004 to

2008 (MCSS).

It is estimated that 90% of lung cancer deaths among males and 79% of lung cancer deaths among females in the United States are smoking-related.

Risk and Protective Factors

In 2010, students reporting past 30 day use of alcohol and tobacco were asked how they obtained those substances. Mower County students most often reported social access to alcohol: 88%. Mower County students were a less likely (20%) than Southeast (23%) and all Minnesota students (26%) to report taking alcohol from someone or somewhere, but slightly more likely to report taking tobacco (18%,

16%, 17%). Mower youth were slightly less likely to report 'buying' tobacco than to report 'getting' tobacco: 57% vs. 59%.

Students were also asked how much they thought people risked harming themselves by frequently binge drinking, smoking one or more packs of cigarettes per day, or smoking marijuana once or twice per week. Perception of great or moderate risk of alcohol harm

was reported by 80% of Mower County students, perception of tobacco harm was reported by 90% of Mower students, and perception of marijuana harm was reported by 77% of Mower students. Similarly, students were asked if they thought their parents or guardians would disapprove or greatly disapprove of such levels of substance use. Perception of disapproval was 89% for alcohol, 96% for tobacco and 97% for marijuana (MSS).

Other Drug Consumption

Reported past-month marijuana use among youth steadily declined in Mower County (*see graph below*). In 2010, marijuana use was reported by 2% of Mower County 6th graders, 9% of 9th graders and 26% of 12th graders. Male students were more likely than female students to report use: 14% vs. 9%.

From 2001 to 2010, reported use of methamphetamines fell from 7% to 1% among Mower 9th graders, and 12% to 1% among 12th graders. From 1998 to 2010, reported past-year use of inhalants fell

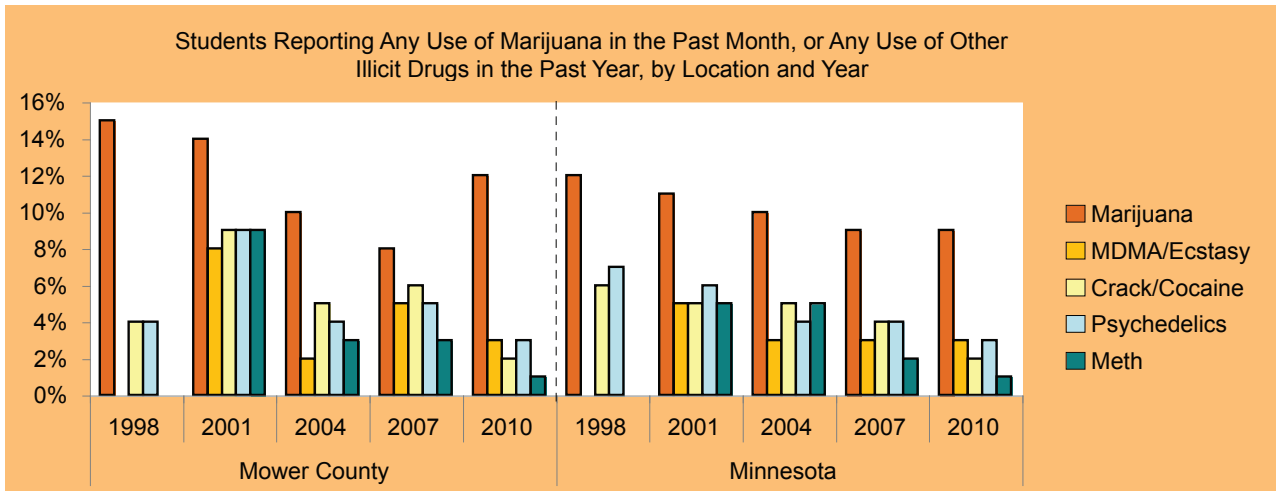
among Mower 6th graders, 11% to 3%, and 9th graders, 8% to 4%, but increased slightly for 12th graders: 2% to 3%. During that period, reported use of psychedelics decreased slightly among Mower County male students, 4% to 3%, and female students, 3% to 2%. Reported use of crack/cocaine decreased from 4% to 2% for males and 3% to 1% for females.

In 2010, one percent of 6th graders in Mower County, the Southeast Region and the state reported past-year abuse

of prescription drugs. Mower County 9th and 12th graders were asked about abuse of specific types of prescription drugs in 2010: painkillers (reported by 4% of 9th graders and 6% of 12th graders), ADD/ADHD drugs (3% of 9th graders; 4% of 12th graders), tranquilizers/sedatives (1% of 9th graders; 2% of 12th graders), and stimulants/diet pills: 1% of 9th graders; 2% of 12th graders (MSS).

Statistics on adult drug use are not available at the county level.

The US Census Bureau estimate for the 2008 Mower County population is 37,859. Mower County is approximately 96% White, 8% Hispanic, 2% Asian/Pacific Islander and 1% African-American. In 2000, the percent of individuals living below the poverty level was 9% in Mower County compared to 7% in the Southeast Region and 8% in Minnesota.



Other Drug Consequences

There were 148 Mower County narcotics arrests in 2009—54% of which involved marijuana. Comparatively, the average annual number of narcotics arrests for Mower County from 2005 to 2009 was 174 (BCA). For probation and prison data related to drug offenses, see table below (DOC).

DRUG OFFENSES	MOWER COUNTY			SOUTHEAST REGION			MINNESOTA		
	2007	2008	2009	2007	2008	2009	2007	2008	2009
Rates per 1,000 Population									
Adults on Probation	2.1	3.5	4.4	3.0	2.1	3.2	3.4	3.6	3.5
Juveniles on Probation	0.4	1.0	0.6	0.3	0.1	0.6	0.4	0.5	0.5
Adults in Prison	0.5	0.9	0.7	0.5	0.6	0.5	0.4	0.5	0.3

MN STATE EPIDEMIOLOGICAL OUTCOMES WORKGROUP

Questions or comments? Contact:

Melissa Boeke, MS
Epidemiologist

Minnesota Institute of Public Health
2720 Highway 10 NE
Mounds View, MN 55112

Phone: 763.712.7615
Fax: 763.427.7841
E-mail: sumn@miph.org

What's Happening in Your County?



Substance Use in Minnesota, located at www.sumn.org, puts data on alcohol, tobacco and other drug use and consequences at your fingertips. The Web site was designed to help communities make decisions about substance abuse prevention efforts based on 55 indicators.

This site was developed by the Minnesota State Epidemiological Outcomes Workgroup (SEOW) with funding from the Minnesota Department of Human Services, Alcohol and Drug Abuse Division (ADAD). SEOW membership includes: Minnesota's departments of Human Services, Health, Education, Public Safety and Corrections and the Minnesota Institute of Public Health, which maintains the Web site.

Data Sources

Population statistics are from the U.S. Census Bureau.

Youth alcohol, tobacco and other drug consumption data are from the Minnesota Student Survey (MSS). The MSS is a confidential and anonymous self-administered survey given every three years to 6th, 9th and 12th grade students attending Minnesota public, charter and tribal schools. The Minnesota Student Survey Interagency Team is made up of four state agencies: the Minnesota Department of Education, the Minnesota Department of Health, the Minnesota Department of Human Services, and the Minnesota Department of Public Safety. Adult consumption data are

from the MN Survey of Adult Substance Use (MNSASU) from the Minnesota Department of Human Services, Performance Measurement and Quality Improvement. Binge drinking is defined as 5 or more drinks in a row on one occasion in the MSS, and 5 or more drinks for males or 4 or more drinks for females in the MNSASU.

Alcohol consequence data are from the Office of Traffic Safety's (OTS) *Impaired Driving Facts and Crash Facts*, and from the National Safety Council.

Alcohol and tobacco mortality data are from the Minnesota Center for Health Statistics (MCHS) and the Minnesota Cancer Surveillance

System (MCSS).

Drug consequence data are from the Minnesota Department of Corrections' (DOC) *Inmate Profile and Probation Survey*, and from the Bureau of Criminal Apprehension's (BCA) *Minnesota Crime Information* reports.

Detailed data source information can be found at www.sumn.org. Data source fact sheets can be found under Tools. Links to each data source, when available, can be found under each table when using Data by Location or Data by Topic.

Aggregated data at the state and county level do not reveal disparities that may exist within a given geographic area.